

21st Century Community Learning Centers Summer School Newsletter

East End United Community Center

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21st CCLC Cohort 9 Summer School Underway

This year's 21st CCLC Cohort 9 Virtual Summer School program is off to a great start. Each week's activities are centered around a new theme. The first week explored the beach, this week features different aspects of weather. Next week will focus on patriotism to help preview The Fourth of July, and the remaining weekly theme topics are cooking, comic books, and music.

Supply boxes were passed out to all students last week. The boxes included pens, pencils, tablets, glue, tape, cups, rubber bands, sidewalk chalk, crayons, colored pencils, index cards, rulers, and calculators. These supplies should help students complete activities throughout the six weeks of summer school, and there should be plenty of items leftover to use throughout the school year.

Brand new Pentium chrome books were passed out this week to students to use during the summer school program. Any student who would benefit from borrowing a chrome book during summer school can contact Mrs. Deurlein, Mrs. Hadenak, or Program Director Steve Strange (contact information for each is listed to the right).

The Week 1 participation points winner was Zeta Krieger. Zeta (pictured on the right) won the participation prize on three separate occasions during the seven-week 21st CCLC AG Virtual Afterschool Program in the spring. Having previously received an Uno deck, checkers, and chess as prizes, Zeta will get a sketch and drawing art pencil kit this time around. It should be interesting to see which students will be able to step up to challenge Zeta in future weeks.



If you have not signed up for summer school yet, and would like to, please contact Mrs. Deurlein, Mrs. Hadenak or Steve Strange.

Summer Google Classroom Code: iajgrh

Mrs. Deurlein Email: adeurlein@cgsd.org

Mrs. Hadenak Email: megan.hadenak@agcolonials.org

**Steve Strange
Program Director
sstrange@eeucc.org
724-366-0415**

**East End United
Community Center
150 Coolspring Street
Uniontown, PA 15401**

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Temperature: Feelings Matter

This experiment comes courtesy of homeschooling-ideas.com which contains geography, science, and writing activities:

Fill three bowls with water: One very warm, one room temperature, and one cold. Place one hand in the very warm bowl and the other hand in the cold at the same time. After a minute, place both hands in the room temperature bowl. How do they feel?

Your skin acclimates to the temperature of the bowls of water. The hand that was lukewarm feels cold, and the hand that has been cold now feels warm.

A longer-term version of this is when we have a cool summer day after a series of scorchers. When your body has adjusted to temperatures in the 90s, a 20 degree drop to the 70s suddenly feels pretty brisk.

Temperature: Feelings Matter Supplies...

- three bowls
- water



The Full Value Contract

We are all anxious to resume face-to-face programming. Answering the following list of questions, known as The Full Value Contract, can be helpful in allowing our afterschool program to best work together when in-person instruction resumes:

- How do you want or like to be treated?
- How do you want or like to treat others?
- What does it mean to respect someone?
- What's the best way to respect you?
- What will help you cooperate with the people in this group?
- What does it mean to be safe physically and emotionally?
- What does it mean to take risks physically and emotionally?
- What does it mean to be present in the group?
- What can you do or say to help this group work together?
- What can you do or say to hinder this group from working together?
- What's the most challenging thing about trying to work with the people in this group?
- What are the rules here?
- What does it mean to tell the truth?
- What do you feel are the consequences of telling the truth?
- What's your biggest fear about being in this group?
- What about the group makes you feel most comfortable?

Exploring these types of questions can also be helpful during virtual programming as well. Pick as many questions as you feel are especially important, and message your answers to those questions to Mrs. Deurlein or Mrs. Hadenak to earn a participation point towards a weekly prize.

To earn two participation points send answers to all Full Value Contract questions to Mrs. Deurlein or Mrs. Hadenak.

Exciting New Programs Coming Your Way

Mrs. Deurlein has recently come across two ideas that will strengthen 21st CCLC Cohort 9 programming: Career Cruising and PenPal.

PenPal is a program that will allow students at AG North, AG South, and Margaret Bell to correspond with each other by mailing letters, and this will strengthen the literacy and career readiness of 21st CCLC students.

"I thought this would be an excellent opportunity for our MBM and AG students to learn how to draft correspondence and practice various 21st century skills such as effective written communication," Mrs. Deurlein said. "This is an essential skill that can be transferred to career acquisition documents such as cover letters and thank you letters, again helping to foster the skills our

students will need as they grow up to become successful leaders in the 21st century world."

Career Cruising is a software that allows students to personalize career exploratory experiences and learn at his or her own pace. "For every one individual that uses their advanced degree, two individuals use their bachelors degree in their jobs, and nine individuals are in trade jobs," Mrs. Deurlein said.

Mrs. Deurlein wants to eliminate grey collar jobs in which individuals are not utilizing a degree that's associated with the line of work they are in. Career Cruising is an important component of summer school programming, and PenPal will debut when afterschool returns in the fall.

Partners Provide Positive Summer School Programming

Forced to sit on the bench due to the pandemic in the spring, EQT REC Center is now producing fresh fitness, exercise, and recreation lessons for 21st CCLC students once again.

EQT Personal Training Supervisor Louis Pellegrini (pictured on the right) is delivering weekly half hour video lessons to summer school students. Mr. Pellegrini's weekly workouts will focus on a different exercise/nutrition area each week, and every lesson will also give attention to working out a new part of the body.

The lessons will teach students to exercise legs, chest, shoulders, and core. Basic nutrition and how to eat around a workout schedule will also be explained, as well as how to plan a workout.

Mr. Pellegrini is especially looking forward to giving basic nutrition information in his Week 3 lesson, and explaining how to plan a workout from beginning to end in Week 5. Mr. Pellegrini said the most surprising aspect of virtual programming is how engaged the participants can still be.

"I teach a virtual fitness class through the EQT REC Center and the conversation and feedback is very much like in person," Mr. Pellegrini said.

"I'm still adapting and learning how to better provide content to individuals, but I have enjoyed the challenge thus far."

The Uniontown Area YMCA and Touchstone Center For Crafts are also continuing to provide virtual programming for 21st CCLC students. Mrs. Dascenzo's first YMCA lesson was on respiratory health, and Mr. Kurosky showed students how to make a homemade lava lamp with just five ingredients (antacid, vegetable oil, water, food coloring, and a two-liter bottle).

Touchstone's weekly live Zoom instructional sessions are set for Thursday's at 1pm. The Touchstone subjects for this year's summer school are glass, metalsmith, drawing and painting, blacksmithing, ceramics, and jewelry.

Registration to Touchstone's virtual lessons is free, and students and parents can sign up by visiting the Resources page on the 21st CCLC Cohort 9 website: www.21stcclc-eeucc.com

Whether it's in person from within the walls of AG North, AG South, and Margaret Bell middle schools, or virtually through Google Classroom, 21st CCLC partners continue to get the job done.

